

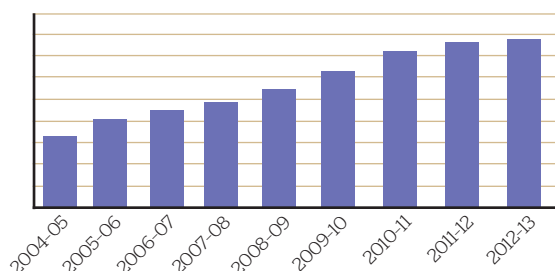
# Diabetes Think Tank

## Counting the cost of diabetes

The Diabetes Think Tank has been meeting in Westminster since 2008. It brings together policy makers, patient group representatives and healthcare professionals from across the diabetes patient pathway and provides them with a platform to engage in an open discussion of current issues affecting care for people with diabetes.

Diabetes represents a significant cost - both to the NHS and to society in general. The scale of these costs are set out here.

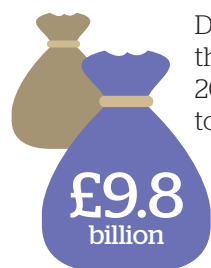
## The cost of diabetes



x2

NHS spending figures for diabetes show a doubling in the last ten years<sup>5</sup>

Diabetes is estimated to have cost the UK £9.8 billion in direct costs in 2010/2011 - approximately 10% of the total health resource expenditure<sup>6</sup>

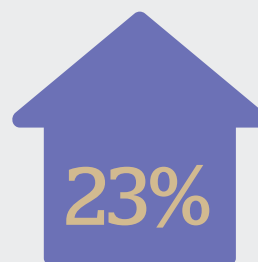
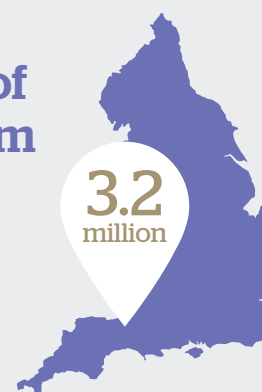


80% of these costs are incurred in treating potentially avoidable complications<sup>7</sup>



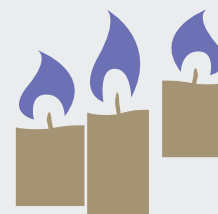
## The scale of the problem

3.2 million people in England were estimated to have diabetes in 2010<sup>1</sup>



This is expected to increase by 23% to 3.8 million in 2020<sup>2</sup>

75,000 people die each year from diabetes related causes<sup>3</sup>



100 people a week have a limb amputated as a result of diabetes, often avoidably<sup>4</sup>

11.8%  
Type 1 ✓

21.5%  
Type 2 ✓

Only 11.8% of people with Type 1 and 21.5% of people with Type 2 are achieving all three NICE-recommended treatment targets<sup>12</sup>

Numbers of people with kidney failure are increasing; diabetes is its most common cause<sup>13</sup>



## The size of the prize

£170 million

The estimated amount the NHS could save annually through better understanding and management of people with diabetes<sup>8</sup>

760,000

People estimated to be living with undiagnosed diabetes<sup>9</sup>

4,000

The estimated number of people the NHS Health Check programme could prevent from developing diabetes each year<sup>10</sup>

49%

The take-up rate of the NHS Health Check in 2012-13 even though funding has been allocated to support an uptake rate of 75%<sup>11</sup>

## Diabetes Think Tank is calling for:

**1** The NHS Diabetes website to be re-established to provide a central repository of data on the costs of diabetes at the local level, and the benefits which investment in prevention may bring.

**2** The Department of Health to consider the inclusion of diabetes-related indicators in the Health Premium Incentive Scheme.

**3** The provision of NHS Health Check follow-up services, in addition to the provision of NHS Health Check services themselves, to be made a mandatory requirement on local authorities.

1. Diabetes UK, Diabetes prevalence 2013, February 2014 2. National Audit Office, The management of adult diabetes services in the NHS, 23 May 2012 3. National Audit Office, The management of adult diabetes services in the NHS, 23 May 2012 4. NHS England, Action for Diabetes, January 2014 5. Hansard, 25 March 2014, Col. 207W 6. NHS England, Action for Diabetes, January 2014 7. NHS England, Action for Diabetes, January 2014 8. National Audit Office, The management of adult diabetes services in the NHS, 23 May 2012 9. National Audit Office, The management of adult diabetes services in the NHS, 23 May 2012 10. Hansard, 25 March 2014, Col. 200W 11. Public Health England, NHS Health Check implementation review and action plan, July 2013 12. Healthcare Quality Improvement Partnership, National Diabetes Audit 2011-2012, October 2013 13. Diabetes UK, State of the nation 2013, December 2013